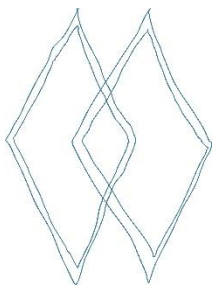


# C&S HOLISTIC WELL BEING

It is no secret that we have shifted to Traditional European Medicine. Based on this philosophy, which sees the human being not in isolation but as part of nature, we offer an exceptional, holistic concept of facial and body treatments - the **Saint Charles Herbal Treatments**.

In accordance with the healing knowledge of Traditional European Medicine, we take a holistic approach to skin beauty. The Saint Charles Herbal Treatments have the overarching goal of **harmonising body, mind and spirit** and bringing back into balance what has become unbalanced. In addition to **traditional massage techniques**, the treatment is complemented with other products such as Saint Charles Herbal Teas, Saint Charles Herbal Essences and Saint Charles Aromatherapy.



# TREATMENTS

## Herbal Cleansing Treatment

The focus here is on gentle but effective cleansing and clarification of the skin. The natural balance and radiance of the skin is restored.

60 Min. € 115 | 90 Min. € 155

## Herbal Balancing Treatment

Gently returns the skin to balance and ensures a holistic sense of well-being. Ideal for balancing dry skin or other imbalances.

60 Min. € 115 | 90 Min. € 155

## Herbal Refresh Treatment

Here everything revolves around noticeably regenerating and revitalising the skin and mind. The Herbal Refresh Ritual vitalises with a special massage technique and intensively nourishing face and eye mask.

60 Min. € 115 | 90 Min. € 155

## Herbal Relaxing Treatment

Relaxation and pampering of the skin and mind, inner calming and consequently relaxation of the facial muscles are the focus of this treatment.

60 Min. € 115 | 90 Min. € 155

## Holistic Luxe Body Treatment

Exceptional holistic full body and face ritual based on the healing art of Traditional European Medicine. During this luxurious ritual, both body and face are gently pampered and nourished with the highest quality natural products from Saint Charles Apothecary. After a deeply relaxing body treatment with targeted massage techniques, experience the gentle care of your facial skin according to your individual needs. Enveloped in the harmonising scent of selected, all-natural essential oils, the Holistic Luxe Body Treatment guides your body and mind into complete relaxation, slowing your breathing and helping you to regain energy, strength and a natural glow.

110 Min. € 195

## Holistic Luxe Body Treatment

Indulge in a head-to-toe pampering experience with selected massage elements and gentle strokes along the meridians. Enveloped in the exquisite scents of the finest natural products from Saint Charles Apothecary, this treatment promotes deep relaxation—not only for the body but also for the mind. A unique multisensory experience, accompanied by the essence of native herbs.

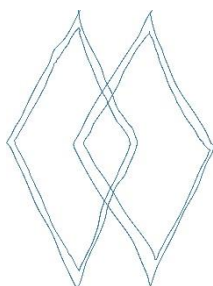
70 Min. € 148

## Body Scrub & Balm

Treat your skin to deep-acting care with our exclusive Body Scrub & Balm from Saint Charles. This treatment begins with a gentle yet effective exfoliation that removes dead skin cells and visibly smooths the skin's surface. The scrub stimulates circulation, leaving your skin feeling fresh and revitalized.

Afterward, a rich balm is applied to deeply hydrate the skin, ensuring a soft and supple feel. The combination of exfoliation and nourishing balm not only enhances your skin's natural glow but also leaves it silky smooth and renewed. Perfect for skin in need of deep cleansing and intensive care.

35 Min. €60 | 50 Min. €105



# A HOLISTIC APPROACH TO SKIN BEAUTY

All treatments are carried out with the purest, highly effective products from the **natural cosmetics line** „Herbal Apothecary Facecare“. We rely exclusively on **proven formulas with natural active ingredients** from herbs such as yarrow, wild mallow, pansies, lemon balm and lime blossom.

## Foot and Hand Care

Manicure with care polish	50 Min.	50 €
Manicure with 4-layer lacquered	60 Min.	60 €
Pedicure with care polish	60 Min.	60 €
Pedicure with 4-layer lacquered	70 Min.	70 €

## Face

Eyelash tinting	25 Min.	20 €
Eyebrow tinting	20 Min.	18 €
Eyebrow tinting	20 Min.	19 €
Eyebrow correction incl. tinting	35 Min.	35 €

## Hair removal

Upper lip	25 Min.	20 €
+ Chin/Cheeks	30 Min.	35 €

## BEAUTY ADD ONS

Cleansing, eyebrow correction, deep peeling, deep cleansing, ampoule, nourishing history mask and final care with appropriate products. We are happy to help.

Classic	60 Min.	115 €
Deluxe	90 Min.	155 €
Glow and Go	25 Min.	95 €

Facemassage	25 Min.	45 €
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Look fantastic and feel incredible. All spa facial services are designed to be a full mind and body experience.

# MASSAGEN

## The Classic

Full-body massage with aromatic oils for body, mind, and soul. Duration:

50 Min. € 90

## Intensive Back Massage

Particularly intense massage for a tense back.

50 Min. € 95

## Face and Head Massage

Enjoy the stress-relieving touches and pamper yourself from head to face.

25 Min. €48

## Back Massage

Experience pure relaxation with our back massage, targeting the back, neck, and shoulders.

25 Min. €48

## Foot and Leg Massage

Give your feet and legs a break, release tension, and experience the revitalizing effects of this soothing massage.

25 Min. €48

## Pregnancy Massage

Our specially designed pregnancy massage relieves back and neck pain, reduces swelling, and promotes overall well-being. Gentle techniques provide relaxation and stress relief while offering your body gentle support.

55 Min. €105

## Children's Massage

Our gentle children's massage with mild oil and the scent of mandarin and orange helps children up to the age of 12 relax, release tension, and enhance overall well-being. The soothing touch creates a sense of security and comfort.

25 Min. €38

# UNIQUE EXPERIENCE

Your satisfaction is our priority. Our spa staff is dedicated to tailoring your massage experience to your individual needs. Please feel free to inform them if you would like to adjust the pressure during your massage. Your well-being is our focus, and we want to ensure that you thoroughly enjoy every treatment.

Please note that cancellations are free of charge up to 24 hours before the scheduled appointment. For cancellations made later or in case of no-show, a fee of 90% of the booked amount will be charged.

